

## Welcome back!

Please enjoy the fruit and vegetable bar everyday. Plenty of fruit and vegetables from the regired subgroups will be available daily! Eat all the colors of the rainbow!

Option of 1% , fat free, or chocolate milk daily.

Don't forget to hydrate, drink your water. 6-12 Grade Lunch and

Breakfast Prices. Breakfast: Regular Breafast- \$1.50 Reduced Breakfast-Free

Lunch: Regular Lunch- \$3.75 Reduced Lunch-Free

Meal pricing for visitors & Adults: Breakfast: Adult-\$2.75 Lunch: Adult-\$4.75

Breakfast includes a whole grain rich entree and milk. It must also include 1 cup fruit.

Lunch includes a protein item, whole grain rich item and a milk choice. It must alsocontain at least 1 cup fruit and 3/4 - 1 cup vegetables.

In 1 week Whole Grain Rich items are offered atleast three days.

## \*WHOLE GRAIN RICH

This institution is an equal opportunity provider.

## Willapa Valley Middle & High School

## August/September 2025

	August/September 2025					
		Breakfast and Lunch Menus				
	Monday	Tuesday	Wednesday	Thursday	Friday	
r		, and any	27-Aug	28	29	
Г			First Day of School	Cereal*	Omelet w/Biscuit*	
			Muffins*	String Cheese	Fruit Cus, Orange Slices	
			Applesauce, Peaches	Grapes, Banana	Milk	
			Yogurt, Milk	Milk		
ı					Chicken Burgers*	
			Corndog*	Nuggets*	Baked Beans, Cauliflower	
			Green Beans, Carrots	Tater Tots, Broccoli	Grapes, Pears	
			Fruit Mix & Craisins	Fruit Cocktail, Grapes	Milk	
			Milk	Milk	Chips	
L				Scooby Snacks	Rice Krispie Treat	
	1	2	3	4	5	
		Pancakes*	Cinnamon Rolls*	Blueberry Pancakes*	Biscuits* & Sausage Patties	
		Hard Boiled Egg	Yogurt	Mixed Berries, Peaches Milk	Fruit Cups, Mandrin Oranges Milk	
	Labor Day	Mixed Fruit, Banana Milk	Strawberries, Banana Milk	IVIIIK	IVIIIK	
	Labor Day	IVIIIK	IVIIIK			
	No School	Garlic Cheese Toast*	Chicken Strips*	Pretzels* w/Nacho Cheese	Chicken Nuggets*	
	NO SCHOOL	Marinara Sauce, Cucumbers	Corn Carrots	Broccoli, Refried Beans	French Fries, Cauliflower	
		Oranges, Apples	Pineapple, Mandarin Oranges	Grapes, Pears	Raisins, Peaches	
		Milk	Milk	Milk	Milk	
		Chocolate Pudding	Rice Krispie Treat	Treat	Scooby Snacks	
	8	9	10	11	12	
	Yogurt Parfaits	Breakfast Sandwiches*	Bagel w/Cream Cheese	Cereal*	Omelet w/Biscuits*	
	Granola, Graham Crackers*	Strawberries, Peaches	Fruit Cups, Pineapple	Yogurt	Banana, Orange Slices	
	Mixed Berries, Banana	Milk	Milk	Mixed Berries, Peaches	Milk	
	Milk			Milk		
	Hamburgers	Nachos*	Pizza*	Ham Sandwiches*	Cooks Choice	
	Tater Tots, Cucumbers	Chili, Nacho Cheese	Salad, Carrots	Tater Tots, Mixed Veggies	Apples, Grapes	
	Apple Chips & Peaches	Cantelooupe, Peaches	Pineapple, Pears	Grapes, Apple	Mixed Veggies, Cucumbers	
	Milk	Cauliflower, Broccoli	Milk	Milk	Milk	
	Pudding 15	Milk 16	Strawberry Waffle Graham*	Fruit Roll-Up	Scooby Snacks	
	15	Omelet & Bacon	Breakfast on a Stick*	Cereal*	Waffles*	
		Toast*	Pineapple, Mandarine Oranges	String Cheese	Yogurt	
	No School!	Fruit Mix & Apple Chips	Milk	Oranges, Apple slices	Grapes, Pears	
	140 School:	Milk	WIIK	Milk	Milk	
	Staff Training	Willk		WIIIK	Willk	
	Starr Training	Teriyaki Chicken w/Brown Rice	Chicken Nuggets*	Chili w/Cornbread	Pizza*	
		Sunflower Seeds	Baked Beans< Peas	Corn, Carrots	Coleslaw, Cauliflower	
		Pineapple, Peaches	Mixed Fruit, Banana	Applsauce, Peaches	Craisins, Pineapple	
		Carrots, Salad, Milk	Milk	Milk	Milk	
		Scooby Snacks	Jello		Grandma Cookies	
	22	23	24	25	26	
	French Toast*	Biscuits & Gravy	Early Release	Waffles*	Breakfast Sandwiches*	
	Hard Boiled Eggs	Orange Slices & Applesauce	Cereal*	Yogurt	Mixed Fruit, Pears	
	Mixed Berries, Strawberries	Milk	String Cheese, Applesauce, Pears	Strawberries, Banana	Milk	
	Milk		Milk	Milk		
	Turkey Sandwich*					
		Bean & Cheese Burritos*	Corndogs*	Hotdogs*	Cooks Choice	
1			December Constitution	Delical Decise Calas		
	Carrots & Corn	Salsa, Corn	Broccoli, Cauliflower	Baked Beans, Celery	Salad, Corn	
	Carrots & Corn Peaches, Pears	Salsa, Corn Mandarin Oranges & Fruit Cup	Orange Slices, Peaches	Craisins & Peaches	Apple & Fruit Mix	
	Carrots & Corn Peaches, Pears Milk	Salsa, Corn		Craisins & Peaches Milk		
	Carrots & Corn Peaches, Pears Milk Oreos	Salsa, Corn Mandarin Oranges & Fruit Cup Milk	Orange Slices, Peaches	Craisins & Peaches	Apple & Fruit Mix	
	Carrots & Corn Peaches, Pears Milk Oreos 29 French Toast*	Salsa, Corn Mandarin Oranges & Fruit Cup Milk  30 Pancakes*	Orange Slices, Peaches	Craisins & Peaches Milk	Apple & Fruit Mix	
	Carrots & Corn Peaches, Pears Milk Oreos 29 French Toast* Hard Boiled Eggs	Salsa, Corn Mandarin Oranges & Fruit Cup Milk  Pancakes* String Cheese	Orange Slices, Peaches	Craisins & Peaches Milk	Apple & Fruit Mix	
	Carrots & Corn Peaches, Pears Milk Oreos 29 French Toast*	Salsa, Corn Mandarin Oranges & Fruit Cup Milk  Pancakes* String Cheese Mixed Fruit, Orange Slices	Orange Slices, Peaches	Craisins & Peaches Milk	Apple & Fruit Mix	
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